



DATE:

PATIENT NAME:

BIRTHDATE:

## AUTHORIZATION FOR RELEASE OF HEALTH INFORMATION

I authorize \_\_\_\_\_  
(Name of person or facility which has information)

to release health information to:

\_\_\_\_\_  
Name of person or facility to receive health information (full address)

\_\_\_\_\_  
Street address:

\_\_\_\_\_  
City, State, Zip Code

**The purpose of this release is for (check one or more):**

- Continuity of care or discharge planning
- Billing and payment of bill
- At the request of the patient/patient representative
- Other (state reason) \_\_\_\_\_

**Please specify the health information you authorize to be released:**

Type(s) of health information: \_\_\_\_\_

Date(s) of treatment: \_\_\_\_\_

**The following information will not be released unless you specifically authorize it by marking the relevant box(es) below:**

- Information pertaining to drug and alcohol abuse, diagnosis or treatment (42 C.F.R. §§2.34 and 2.35).
- Information pertaining to mental health diagnosis or treatment (Welfare and Institutions Code §§5328, *et seq.*)
- Release of HIV/AIDS test results (Health and Safety Code §120980(g)).
- Release of genetic testing information (Health and Safety Code §124980(j)).

### EXPIRATION OF AUTHORIZATION

Unless otherwise revoked, this Authorization expires \_\_\_\_\_ (insert applicable date or event). If no date is indicated, the Authorization will expire 12 months after the date of my signing this form.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature (Patient, Parent, Guardian)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Relationship to Patient (Parent, Guardian, Conservator, Patient Representative)

Requested format:  Paper  CD

## **NOTICE**

Holistic Zen Acupuncture & Therapeutic Yoga (HZATY) and many other organizations and individuals such as physicians, hospitals and health plans are required by law to keep your health information confidential. If you have authorized the disclosure of your health information to someone who is not legally required to keep it confidential, it may no longer be protected by state or federal confidentiality laws.

### **Return Completed Authorization To:**

Holistic Zen Acupuncture & Therapeutic Yoga  
HolisticZenAcupuncture@gmail.com

## **YOUR RIGHTS**

This Authorization to release health information is voluntary. Treatment, payment, enrollment or eligibility for benefits may not be conditioned on signing this Authorization except in the following cases: (1) to conduct research-related treatment, (2) to obtain information in connection with eligibility or enrollment in a health plan, (3) to determine an entity's obligation to pay a claim, or (4) to create health information to provide to a third party.

This Authorization may be revoked at any time. The revocation must be in writing, signed by you or your patient representative, and delivered to Holistic Zen Acupuncture & Therapeutic Yoga. The revocation will take effect when HZATY receives it, except to the extent HZATY or others have already relied on it.

You are entitled to receive a copy of this Authorization.